



SPRING 2025

ARIZONA ASSOCIATION OF DISPENSING OPTICIANS

Advancing Arizona's
Opticians since 1956

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June 1st, 2025 Mark this date on your calendar! AADO is bringing a live, in person, continuing education seminar to Phoenix. This years' venue will be the DoubleTree by Hilton Phoenix North located at 10220 N. Metro Parkway East, Phoenix, AZ, right off the I-17. AADO again will provide breakfast and lunch along with great educators and very informative classes. We will have vendor tables, giving you an opportunity to see what is new in the industry. Of course, what is an AADO seminar if we don't have raffles and exciting prizes? Come join AADO on June 1st for education, fun and the chance to win a raffle prize and catch up with your peers!

We cordially invite you to a meet and greet event Saturday, May 31st 2025, the night before the seminar. We will gather in the dos arboles Cantina located in the DoubleTree hotel at 10220 N. Metro Parkway East between 6pm & 9pm. If you are spending Saturday night at the hotel, you can dine in the restaurant and join us in the bar area. We look forward to seeing you at both events!

Lucy Dunn, President AADO

Please Join AADO, so Arizona continues to be a Licensed State for Opticians!



Why Do I See Stars When I Sneeze Too Hard?

It's not an illusion—there really are tiny sparks of light inside your eyeballs. In fact, the cells in your eyes are constantly emitting light called biophotons. That's because, like everything, your eyes are made of atoms, and atoms contain elementary particles that transmit light.

Typically, your brain simply ignores these distracting flashes, but when you rub your eyes, stand up too fast, or sneeze hard, the pressure creates too many biophotons for your brain to handle, and they become visible for a brief second. Technically, these are called phosphenes, but we know this occurrence as seeing stars.



Update-House Bill 2637:

On February 4, 2025 HB2637 was put on “HOLD” in the Regulatory Oversight Committee meeting. Members of your State Board and AADO were there to testify in support of keeping our license law. AADOs Legal team made a presentation prior to the session and **UOA** members sent in many testimonials in support of Arizona Opticians. We owe them all a debt of gratitude for supporting our cause. AADO will respond in kind when and if needed as we did for Nevada in 2023. When a bill goes on hold it is because an issue has been raised that questions the bill in some way. The committee can make changes if they have time and desire to or not, as in the 2024 bill 2740. This was a good day for us! However, on Hold is not dead. We will continue to work on this and keep you advised as needed. For now-keep those letters going to your district legislators.

AADO FIGHTING FOR YOU!



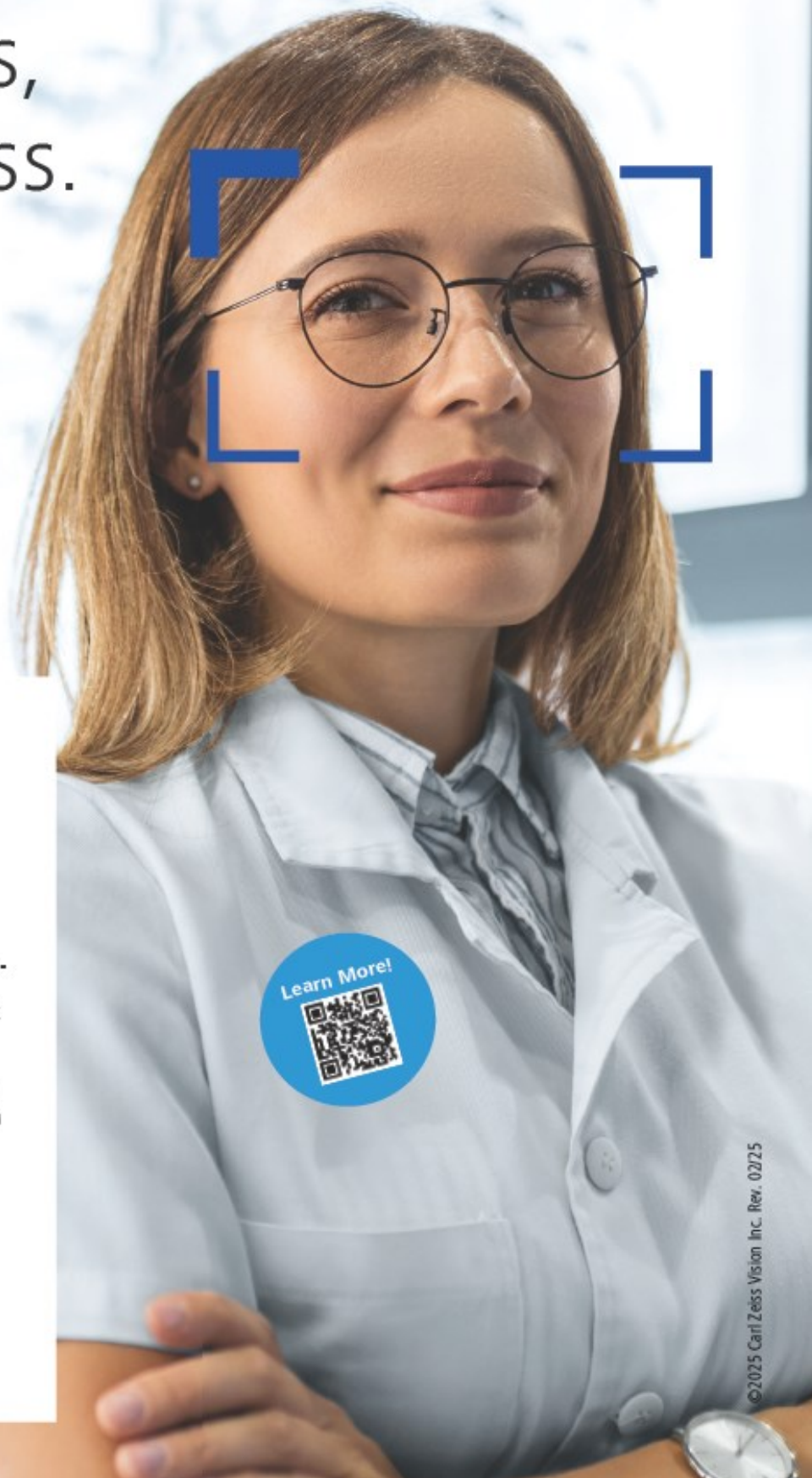
Holly Lynn Seeders LDO June 24, 1969—January 29, 2025

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Seeing beyond



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At ZEISS, we believe in the power of independent eye care professionals like you. As a foundation owned company, we're deeply committed to empowering independent eye care providers. We understand the importance of your unique role in the industry, and we'll never compete with you. Our goal is to support your success by providing the tools and resources you need to thrive.

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Save The Date

Sunday June 1st, 2025

In-Person Spring/Summer ABO-NCLE CE EVENT



DoubleTree by

Hilton Phoenix North

10220 North Metro Parkway East,
Phoenix, Arizona, 85051
602-997-5900/800-222-TREE



FUN-PRIZES-RAFFLES-EDUCATION-FOOD

Contact AADO For More Information

Director@aado.info

520-881-1778



ARIZONA ASSOCIATION of DISPENSING OPTICIANS

JOIN US on May 31st 6pm
Night Before Get Together Event

dos arboles Cantina

In the DoubleTree Hotel 10220 North Metro Parkway East.



6:00 pm – 9:00 pm



***AADO helps protect your License**



SUPPORTS YOU!

DO YOU SUPPORT AADO?

PO Box 26511, Tucson, Arizona 85726 | Phone: (520) 881-1778 | director@aado.info

Why Join AADO?

AADO advocates legislative monitoring, particularly in Arizona's state legislature.

- AADO is the ONLY watchdog protecting licensure in Arizona. This advocacy is essential for safeguarding our licensure.
- In the last 2 years there have been 2 attempts to take away your License!
- Without your membership we cannot fight for you.
- One Stop Shopping-Our CE credits are Affordable, Digital and Retrievable.

Most Important Item we sell!

The Most Important Item We Sell is Membership!! "Everything we do is supported by that transaction."

• Legislative Representation –

United Voice on politics that affect your License!!

- EyeWire (AADO quarterly newsletter)
- Online Rules and Regulations Continuing Education Credit free to members
- Online Job Boards
- Summer & Fall Educational CE Conferences
- Fellowship & Recognition
- ABO/NCLE Training Materials
- Educational Resource Articles

Membership supports your License, your Income, your Future-

We offer two types of memberships: Regular for LDOs and Student/Apprentice for working Opticians/Technicians

Regular \$90.00yr = \$0.25 cents a day

Student/Apprentice \$50.00yr = \$0.14 cent a day

How much are you NOT willing to pay to protect your income?

Most Important Thing We Do!

***Help Protect your License thru Legislative Lobby Efforts by
Investing our funds for You!!***

We are the Only voice for Opticians in AZ!!

Your License is under attack now!

AADO-Supporting Opticians since 1956

If not NOW-WHEN?

Help Protect your Future!

Support AADO, so Arizona continues to be a Licensed state!

If we don't work together, we will lose our License!



*At 221 miles long, Apache County is the longest county in the U.S., stretching from the Utah border to just south of Alpine, Arizona.

STUDY With Jodi

AADO is Pleased to announce Jodi VanOrden Arizona LDO is offering mentor- teaching classes to anyone studying to get their ABO/NCLE certifications! Jodi can be reached at: 480-244-1144 and/ or jodivanorden@icloud.com

For those of you who have not yet signed up with the Arizona Legislature's RTS system, you may now do this remotely. Here is a video with a step-by-step guide. Those of you who are not yet signed up, please do so! It's called the request to speak system but you do not have to speak! You can just VOTE!

[<https://youtu.be/EZMj5rLbuzs>]([https://youtu.be/EZMj5rLbuzs...](https://youtu.be/EZMj5rLbuzs))

Web site: cebv.us/rts

*AADO does not guarantee specific results or outcomes of 3rd party affiliates.

NOTICE: AADO PRICE INCREASE & Membership Drive

Attention all Opticians-

In order to continue to offer Legislative Support for our License it is necessary to increase the price of membership going forward. Starting on June 1st 2025 AADO Regular membership will increase to \$7.50 per Month or \$90.00 per year. Three Year memberships will increase to \$185.00 (\$5.17 per month) The former Associate now Student/Apprentice membership will remain at \$50.00 per year (\$4.17 per month) and Associate membership will increase from \$50.00 to \$65.00 per year (\$5.42 per month).

**All membership levels shall remain on an anniversary date billing basis.*

Therefore:

***For the Month of May 2025 AADO is offering a 50% off SALE for all NEW memberships.**

The Coupon Code for the Discount is: ([newmem25](#)) You must enter the code on the join page.

****Renewal Memberships excluded.***

Please Join AADO and help Protect Your License!

No other organization invests in Protecting your License!





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Optical Terms

N D S U F S X O O I Y L C F Q L P N M M K Z V P
 K H E M T D P E O I X A C U E A R O S S A L G M
 S V G F P G A X V E Z T W M M C E S R M W M G F
 E F H H Q A N E V N S E Y K M O S E P R M G L K
 S F E B N F N I Y J O M M K E F C P A W I Z R X
 N U I E V O R T G E U C K W T I R A R C R F E S
 E S G S S T I M O D W S I I R T I D A M R V W R
 L T H O E P A T R S E I H K O L P S M S O V O I
 R N T T V Z F O A R C I R Z P U T Z E I R Z P B
 A E T R R K Q S E D N O B E I M I Q T T W O D A
 L M G O U Z O E N G O Y P Q A K O Z E A Y K D S
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 O U T A A A P E I E I H K O Z T I D Q I Q B I U
 N J T R R P C L X R V Y Y K C R I X J T Y G P R
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 B A F Y H A N I D Q L D G M M M A B T A Q L R E
 D Z D M P K C R N O G Z R E A D T M Z D Z O E R
 I H Q E I I A E I U N M X O S L H W Y D Y P P A
 O Z K G R A V H H J I S A I P O Y B S E R P Y D
 P E Y D E A E P G P S P A U O S R E W O P C H I
 T K C I P W O S I W B J G N I S N E P S I D Q U
 E J L R Q R A A H U B I F O C A L L E N S E S S
 R A I B O H P O T O H P R E T E M O S N E L M E

Accommodation add power adjustment aphakia aspheric lenses
 astigmatism axis base curve radius bifocal lenses binocular lenses
 bridge concave convex diopter dispensing edging emmetropia
 esotropia eyewire fitting glass high index hinge hyperopia
 lensometer metal mirror multi focal myopi nose pads ordering
 pantoscopic tilt parameters peripheral curves photophobia poly
 power Presbyopia prescriptions seg height single vision travex